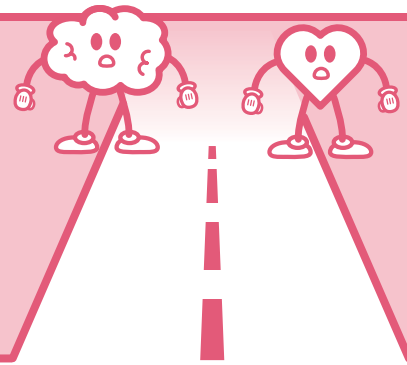


Weaving SEL into Exemplars Problem-Solving Process

Getting Ready (Core Areas: Self-Awareness, Self-Management)

Routines:

- How am I Feeling?
- What do I need?
- How Hard?
- Get Organized
- Set a Goal
- Positive Thinking Plan



Understand (Core Areas: Self Awareness, Self Management)

Routines:

- 3 Reads



Think (Core Areas: Social Awareness, Relationship Skills)

Routines

- Classroom Norms and Talk Moves
- Small-Group Roles/Responsibilities



Solve (Core Areas: Self-Management, Responsible Decision Making, Relationship Skills)

Routines:

- Get Help When You Need It
- Chunk It
- Time It
- Preview It
- Practice It
- Work with a Buddy
- Fill In the Loading Bar
- Use your Positive Thinking Plan



Review & Connect (Core Areas: Responsible Decision Making, Self-Management)

Routines:

- Match the Sample



Reflect/Self-Assess (Core Areas: Self-Awareness, Self-Management)

Routines:

- Glow and Grow
- How Do You Feel?

